

ORAL SODIUM CHLORIDE

INDICATION¹

- 1) ELECTROLYTE IMBALANCE
- 2) DEHYDRATION/ HYPONATREMIA

DOSE^{1,5}

- 1) 1-2 GRAMS 3 TIMES A DAY
- 2) ACCORDING TO NEEDS OF PATIENTS

DOSAGE FORM AVAILABLE IN HUSM¹

POWDER FORM



CONVERSION FOR SALT AND SODIUM²

- 1 mmol sodium = 23mg sodium
- 1 g sodium = 43.5mmol sodium
- 1 g salt (sodium chloride) = 390mg sodium
- 1 tsp salt = 6g salt \approx 2,400mg sodium = 104mmol sodium = 104mEq sodium

To convert mmol to mg of sodium, chloride, or sodium chloride, multiply mmol by 23, 35.5, or 58.5 (the molecular weights of sodium, chloride, and sodium chloride), respectively.

SODIUM, CHLORIDE & SODIUM CHLORIDE CONTENT IN 1 GRAM POWDER

SODIUM

390MG SODIUM
17MMOL SODIUM
17MEQ SODIUM

CHLORIDE

610MG CHLORIDE
17MMOL CHLORIDE
17MMOL CHLORIDE

SODIUM CHLORIDE

1000 MG SODIUM CHLORIDE
17MMOL SODIUM CHLORIDE
17MMOL SODIUM CHLORIDE

REFERENCES:

1. <http://dformulary.h.usm.my/>
2. https://www.cdc.gov/salt/sodium_toolkit.htm
3. http://www.mipedscompounds.org/sites/default/files/standard_formulations/Sodium%20Chloride_0.pdf
4. [file:///C:/Users/HUSM/Downloads/Sodium%20Chloride%20Oral%20\(1\).pdf](file:///C:/Users/HUSM/Downloads/Sodium%20Chloride%20Oral%20(1).pdf)
5. <https://www.drugs.com/monograph/sodium-chloride.html>